PELORUS COMMUNITY PRESCHOOL

Food Preparation and Consumption Procedures

Education [Early Childhood Services] Regulations 2008 (and it’s Amendments): Regulation 46

Licensing Criteria for Early Childhood Education and Care Centres 2008: Criterion HS19, HS20, HS21, HS22, HS23, PF 15-17

- Children will be expected to eat at the designated food areas in the Under Two and Over Two activity areas.

- Parents and caregivers will provide their children with adequate food for the duration of their attendance at the preschool. All food served needs to be in quantity, quality and variety as to meet the nutritional needs of the children.

- All children will wash their hands before eating.

- No child will be permitted to walk around while they are eating. All children will be seated at the table or in their high chair.

- Children will be supervised at all times while they are eating.

- Children will not have access to fluids whilst resting or sleeping.

- Individual water bottles will not be allowed at Pelorus Community Preschool.

- Water and clean drinking cups will be available at the water table through out the day. Children will be encouraged to serve themselves water but will be assisted when required. All water is to be drunk whilst the child is seated.
Food Preparation and Consumption Procedures

- All food provided is clean when stored, prepared and served.

- A record will be kept of any food served to children at the preschool that was not supplied from parents or caregivers. This will include baking prepared at the preschool as part of the teaching programme.

- Pelorus Community Preschool encourages all mothers who are breastfeeding or bottle feeding to feel welcome to feed their children at our preschool.

- All babies under six months old will be held while being bottle fed. Only parent approved formula will be used.

- Parents of children requiring formula will supply enough bottles with measured amounts of formula in each bottle to get them through their attendance at preschool.

- Bottles for children requiring formula will be rinsed after their use at preschool and taken home to be cleaned and sterilized. Extra bottles with formula in them will be returned home.

- A record will be kept of how much formula was given to a child and at what time it was given.

**Licensing Criteria**

- Food is served at appropriate times to meet the nutritional needs of each child while they are attending. Where food is provided by the service, it is of sufficient variety, quantity, and quality to meet these needs. Where food is provided by parents, the service encourages and promotes healthy eating guidelines (HS19).

- Food is prepared, served, and stored hygienically (HS20).

- An ample supply of water that is fit to drink is available to children at all times, and older children are able to access this water independently (HS21).

- Children are supervised while eating (HS22).

- APPLIES ONLY TO SERVICES LICENSED FOR UNDER 2 YEAR OLDS: Infants under the age of 6 months and other children unable to drink independently are held semiupright when being fed. Any infant milk food given to a child under the age of 12 months is of a type approved by the child’s parent (HS23).

- There is a safe and hygienic place for children to sit while eating and drinking (PF15)

- There are facilities for the hygienic preparation, storage and/or serving of food and drink (PF16)

- The Kitchen area is isolated by means of a locked door to ensure children cannot access it without adult supervision (PF 17)
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